

## STARTERS

- TEMPURA BATTERED SHRIMPS** £7.00  
Locally sourced shrimps coated in a very light and airy batter and fried to perfection.
- OLIVES** £4.00  
Delicately marinated in our house dressing.

## BURGERS

- BEEF BURGER** £7.00  
Home made locally sourced 5% fat beef burger, topped with tomatoes, onions and lettuce in a brioche bun.
- CHICKEN BURGER** £7.00  
Grilled chicken breast, topped with tomatoes, onions and lettuce in a brioche bun.
- FISHERMAN FISH BURGER** £7.50  
Tempura cod goujons, topped with tomatoes, onions and lettuce in a brioche bun.

## CHICKEN

- CHICKEN SALAD** £8.00  
Grilled chicken breast served on tomato, cucumber, rocket leaves and mixed leaves served with your choice of sauce.
- GRILLED CHICKEN ON THE BONE 1/4** £7.00  
Well marinated quarter chicken on the bone, grilled to perfection and served with rice or chips. JERK, BBQ or SWEET CHILLI SAUCE.
- GRILLED CHICKEN OFF THE BONE** £9.00  
Well marinated chicken breast, grilled to perfection and served with rice or chips. JERK, BBQ or SWEET CHILLI SAUCE.
- SIZZLING CHICKEN WINGS** 6 x WINGS: £5 12 x WINGS: £10  
Sizzling grilled chicken wings glazed in our grilling sauce. JERK, BBQ or SWEET CHILLI SAUCE.

## WRAPS/BURRITOS

- CHICKEN SHAWARMA** £7.00  
Pulled tender grilled chicken off the bone wrapped together shawarma style with lettuce in a tortilla flat bread.
- SHRIMPS SHAWARMA** £7.00  
Grilled shrimps wrapped together shawarma style with lettuce in a tortilla flat bread.
- VEGETABLES SHAWARMA** £7.00  
Grilled bell peppers, onions and tomatoes, wrapped together shawarma style with lettuce in a tortilla flat bread.
- CHICKEN BURRITO** £7.00  
Grilled tortilla flat bread filled with a savoury filling of lettuce, cucumber, grilled chicken breast and rice with a sauce of choice.
- BEEF BURRITO** £8.00  
Grilled tortilla flat bread filled with a savoury filling of lettuce, cucumber, grilled beef strips and rice with a sauce of choice.

## MAINS

- CHICKEN KATSU CURRY** £9.00  
Marinated chicken strips slightly battered and fried Katsu style. Served with plain rice and curry sauce.
- COD FISH FILLET KATSU CURRY** £10.00  
Marinated cod fish fillet slightly battered and fried Katsu style. Served with plain rice and curry sauce.
- BLACKENED GRILLED SALMON STEAK** £11.00  
Char-grilled and blackened salmon steak in jerk sauce, served with rice or chips.
- BBQ GRILLED SHRIMPS PLATTER** £12.00  
Grilled shrimps, corn on the cob, plain jasmine rice and coleslaw.
- SEAFOOD TAPAS BASKET** £14.00  
Grilled shrimps, grilled salmon fillet, calamari rings, olives and chips with a dipping sauce.
- WHOLE GRILLED FISH** MED: £12 LRG: £18 XL: £25  
Whole fish marinated, steamed and grilled with lemon, herbs, Scotch bonnet and served with plantain.

## SIDES

- DUMPLINGS** 80P  
**FLAT BREAD** £2.50  
**PLAIN RICE** £3.00
- CHIPS** £3.00  
**COLESLAW** £3.50  
**SWEET POTATOES** £4.50  
**MOZZARELLA DIPPERS** £4.50

## DEALS

- SINGLE PLATTER 1** £16  
Curry Goat and Jerk Chicken off the bone, served with Plain Jasmine Rice or Chips, with a side of Plantain and Coleslaw.
- SINGLE PLATTER 2** £16  
Jerk Salmon and Jerk Prawns, served with Plain Jasmine Rice or Chips, with a side of Plantain and Coleslaw.

### LUNCH BUFFET SERVED DAILY FROM MIDDAY - 3PM

- OPTION 1: GRILLED CHICKEN OR HALLOUMI** £6.00  
Served with rice, potatoes and coleslaw. (Vegetarian)
- OPTION 2: KATSU CURRY** £6.00  
Chicken or Plantain, served with rice, potatoes and coleslaw. (Vegan)

## TRADITIONAL DISHES

- PEPPERED FRIED GOAT MEAT** £10.00  
Fried goat meat well seasoned and mixed in tomato stew chilli sauce, garnished with fresh tomatoes, onions and sweet peppers. (Spicy)
- GOAT CURRY** £12.00  
A traditional goat curry marinated overnight in our secret blend of African herbs and spices slowly cooked in a rich curry sauce until tender.
- EGUSI SOUP** £13.00 + FISH £15.00  
Traditional ground Melon seed cooked with beef and served with pounded yam. (Contains palm oil and crayfish)
- EDIKAIKONG SOUP** £15.00 + FISH £18.00  
A very special traditional soup from the south south region of Nigeria but popularly enjoyed across western Africa with beef and vegetables cooked slowly and carefully to taste. (Contains palm oil)
- OKRO SOUP** £13.00 + FISH £15.00  
Okra vegetables chopped up and cooked together with beef and dry fish to taste. (Contains palm oil)
- ONUGBU SOUP** £13.00 + FISH £15.00  
A very special traditional soup also known as 'Bitter Leaves Soup', from the south eastern region of Nigeria but popularly enjoyed across western Africa with beef and vegetables cooked slowly and carefully to taste. (Contains palm oil)
- ISI EWU (GOAT HEAD)** £18.00  
Traditional exotic goat head dish, well seasoned and cooked, then prepared and specially with palm oil and other traditional spices. (Contains crayfish)

## VEGETARIAN DISHES

- HALLOUMI BURGER** £7.00  
Grilled halloumi, topped with tomatoes, onions and lettuce in a brioche bun.
- AVOCADO WRAP** £6.00  
Tomatoes, avocado and pear wrapped with lettuce in a tortilla flat bread.
- VEGETABLES SHAWARMA** £7.00  
Grilled bell peppers, onions and tomatoes, wrapped together shawarma style with lettuce in a tortilla flat bread.
- VEGETABLE SALAD** £6.00  
Tomato, cucumber, rocket leaves and mixed salad leaves served with your choice of sauce.
- HALLOUMI SALAD** £7.50  
Grilled halloumi served on tomato, cucumber, rocket leaves and mixed leaves served with your choice of sauce.
- HALLOUMI BURRITO** £7.00  
Grilled tortilla flat bread filled with a savoury filling of lettuce, cucumber, grilled halloumi strips and rice with a sauce of choice.
- MAC N' CHEESE PASTA** £9.00  
Finely home baked macaroni pasta and cheddar cheese sauce. Served with a side of salad leaves.
- PLANTAIN KATSU CURRY** £8.00  
Sun kissed plantain slightly battered and fried Katsu style. Served with plain rice and curry sauce.
- TOFU KATSU CURRY** £9.00  
Marinated tofu strips slightly battered and fried Katsu style. Served with plain rice and curry sauce.
- BBQ GRILLED VEGAN PLATTER** £10.00  
Grilled courgettes, grilled bell peppers, grilled egg plant aubergine, served with rice, coleslaw and fried plantain.

Please let us know of any allergies or dietary requirements you have when you order your meal. 'Because we cook our food from fresh, some of the dishes might come out at different times. Thank-you for understanding.'  
Mbuntu Management.